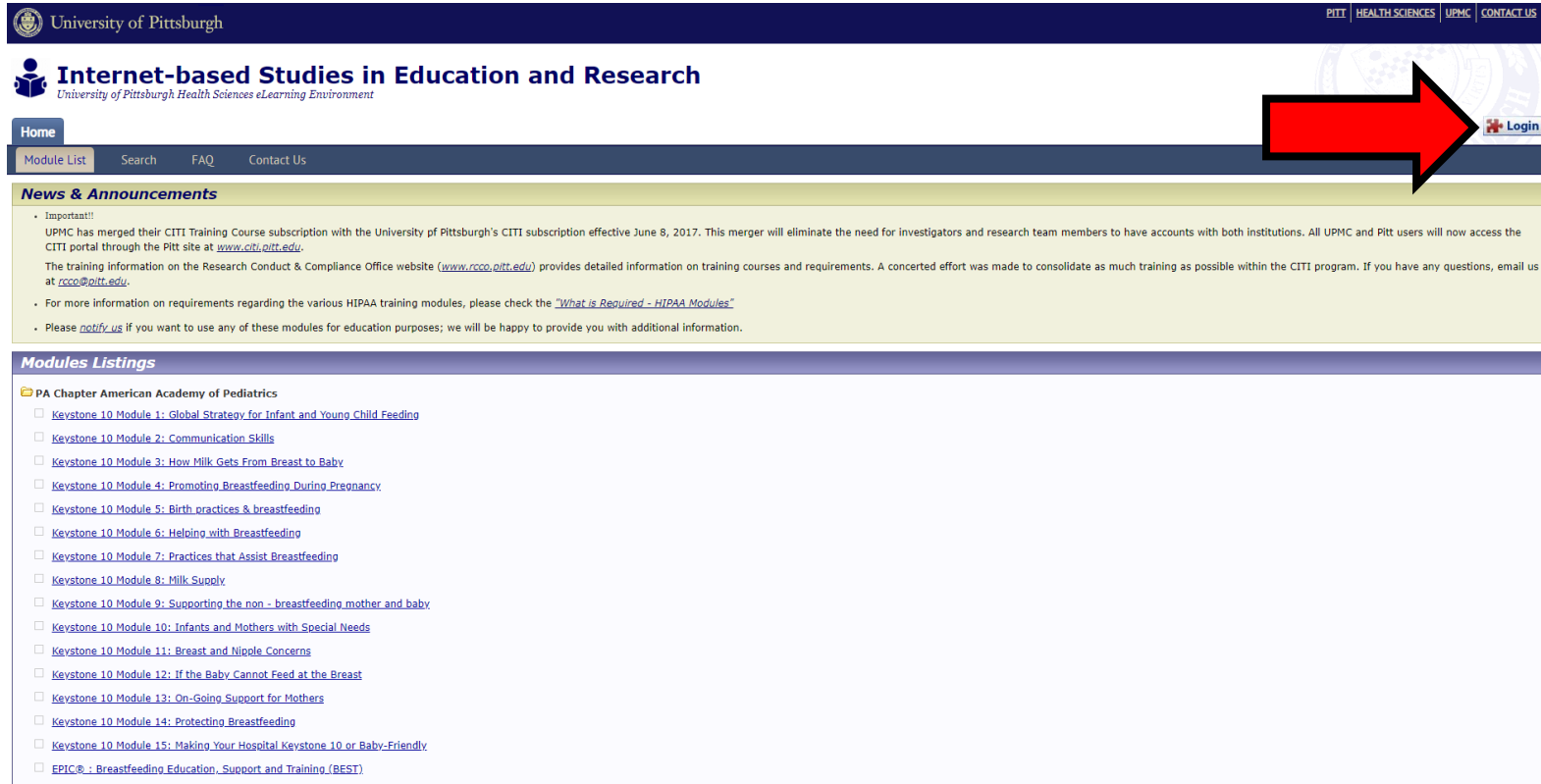


# FIRST TIME USER

## Keystone 10 Online Module Access Instructions

1.) Go to <https://cme.hs.pitt.edu/ISER/app/home/displayMainPage?site=paaap>

2.) Click Login in the upper-right hand corner of the screen.



The screenshot displays the University of Pittsburgh eLearning Environment website. At the top, there is a dark blue navigation bar with the University of Pittsburgh logo and name on the left, and links for PITT, HEALTH SCIENCES, UPMC, and CONTACT US on the right. Below this is a white header area with the text "Internet-based Studies in Education and Research" and "University of Pittsburgh Health Sciences eLearning Environment". A dark blue navigation bar below the header contains a "Home" button and a search bar. A large red arrow points to the "Login" button in the upper right corner of the page. Below the navigation bar is a "News & Announcements" section with several bullet points. At the bottom is a "Modules Listings" section with a list of modules under the heading "PA Chapter American Academy of Pediatrics".

University of Pittsburgh

PITT HEALTH SCIENCES UPMC CONTACT US

Internet-based Studies in Education and Research  
University of Pittsburgh Health Sciences eLearning Environment

Home

Module List Search FAQ Contact Us

**News & Announcements**

- Important!!  
UPMC has merged their CITI Training Course subscription with the University of Pittsburgh's CITI subscription effective June 8, 2017. This merger will eliminate the need for investigators and research team members to have accounts with both institutions. All UPMC and Pitt users will now access the CITI portal through the Pitt site at [www.citi.pitt.edu](http://www.citi.pitt.edu).  
The training information on the Research Conduct & Compliance Office website ([www.rcco.pitt.edu](http://www.rcco.pitt.edu)) provides detailed information on training courses and requirements. A concerted effort was made to consolidate as much training as possible within the CITI program. If you have any questions, email us at [rcco@pitt.edu](mailto:rcco@pitt.edu).
- For more information on requirements regarding the various HIPAA training modules, please check the "[What is Required - HIPAA Modules](#)".
- Please [notify us](#) if you want to use any of these modules for education purposes; we will be happy to provide you with additional information.

**Modules Listings**

PA Chapter American Academy of Pediatrics

- [Keystone 10 Module 1: Global Strategy for Infant and Young Child Feeding](#)
- [Keystone 10 Module 2: Communication Skills](#)
- [Keystone 10 Module 3: How Milk Gets From Breast to Baby](#)
- [Keystone 10 Module 4: Promoting Breastfeeding During Pregnancy](#)
- [Keystone 10 Module 5: Birth practices & breastfeeding](#)
- [Keystone 10 Module 6: Heloing with Breastfeeding](#)
- [Keystone 10 Module 7: Practices that Assist Breastfeeding](#)
- [Keystone 10 Module 8: Milk Supply](#)
- [Keystone 10 Module 9: Supporting the non - breastfeeding mother and baby](#)
- [Keystone 10 Module 10: Infants and Mothers with Special Needs](#)
- [Keystone 10 Module 11: Breast and Nipple Concerns](#)
- [Keystone 10 Module 12: If the Baby Cannot Feed at the Breast](#)
- [Keystone 10 Module 13: On-Going Support for Mothers](#)
- [Keystone 10 Module 14: Protecting Breastfeeding](#)
- [Keystone 10 Module 15: Making Your Hospital Keystone 10 or Baby-Friendly](#)
- [EPIC® : Breastfeeding Education, Support and Training \(BEST\)](#)

3.) Click Other Users: Sign In with HSConnect

University of Pittsburgh

HOME | PITT | HEALTH SCIENCES | UPMC | CONTACT US

# *Internet-based Studies in Education and Research*

Choose a login provider:

Pitt Users: Sign In using Pitt Passport or Other Users: Sign In with HSConnect

Home | Pitt | Health Sciences | UPMC | Contact Us | Privacy | Passport Sign Out  
© 2008-2019 Senior Vice Chancellor for the Health Sciences University of Pittsburgh. All rights reserved. This site is managed by the Health Sciences

4.) Click on 'Create one now!' Register your username and password, then you will be redirected to the ISER main page.

University of Pittsburgh HOME | PITT | HEALTH SCIENCES | UPMC | CONTACT US

## Internet-based Studies in Education and Research

**Account options**

- Don't have an account? [Create one now!](#)
- Forgot your password? [Reset it here.](#)
- Need technical assistance? [Contact our help desk.](#)
- Not looking for Internet-based Studies in Education and Research? [Sign in to HSConnect](#)

**Enter your credentials**

Username

Password

[Sign In](#)

Home | Pitt | Health Sciences | UPMC | Contact Us | Privacy Policy | Passport Sign Out  
© 2008-2019 Senior Vice Chancellor for the Health Sciences, University of Pittsburgh. All rights reserved. This site is managed by the Health Sciences iTarget Team.

Homepage:

University of Pittsburgh HOME | PITT | HEALTH SCIENCES | UPMC | CONTACT US

## HSConnect

Home My Details Logout

FAQ

Return to: [Internet-based Studies in Education and Research](#)

### Welcome to HSConnect

**About HSConnect**  
HSConnect allows you to access administrative, educational, and research-oriented resources using a single account and online profile. These resources help you to meet institutional requirements and to perform routine business functions.

**Tools**  
HSConnect provides access to the following public, online applications:

- [CITI Access Portal](#)
- [Conference Room Listing](#)
- [Conflict of Interest Superform](#)
- [CORID](#)
- [CTSI Tracking and Reporting](#)
- [CTSI Tracking and Reporting Test](#)
- [Internet-based Studies in Education and Research](#)
- [MyIBC](#)
- [OACD Postdoctoral Database](#)
- [OSIRIS](#)
- [PIRF Status Tracking System](#)
- [Pitt Postdoctoral Positions](#)
- [Publication Notification Form](#)
- [Research Education and Compliance Training](#)

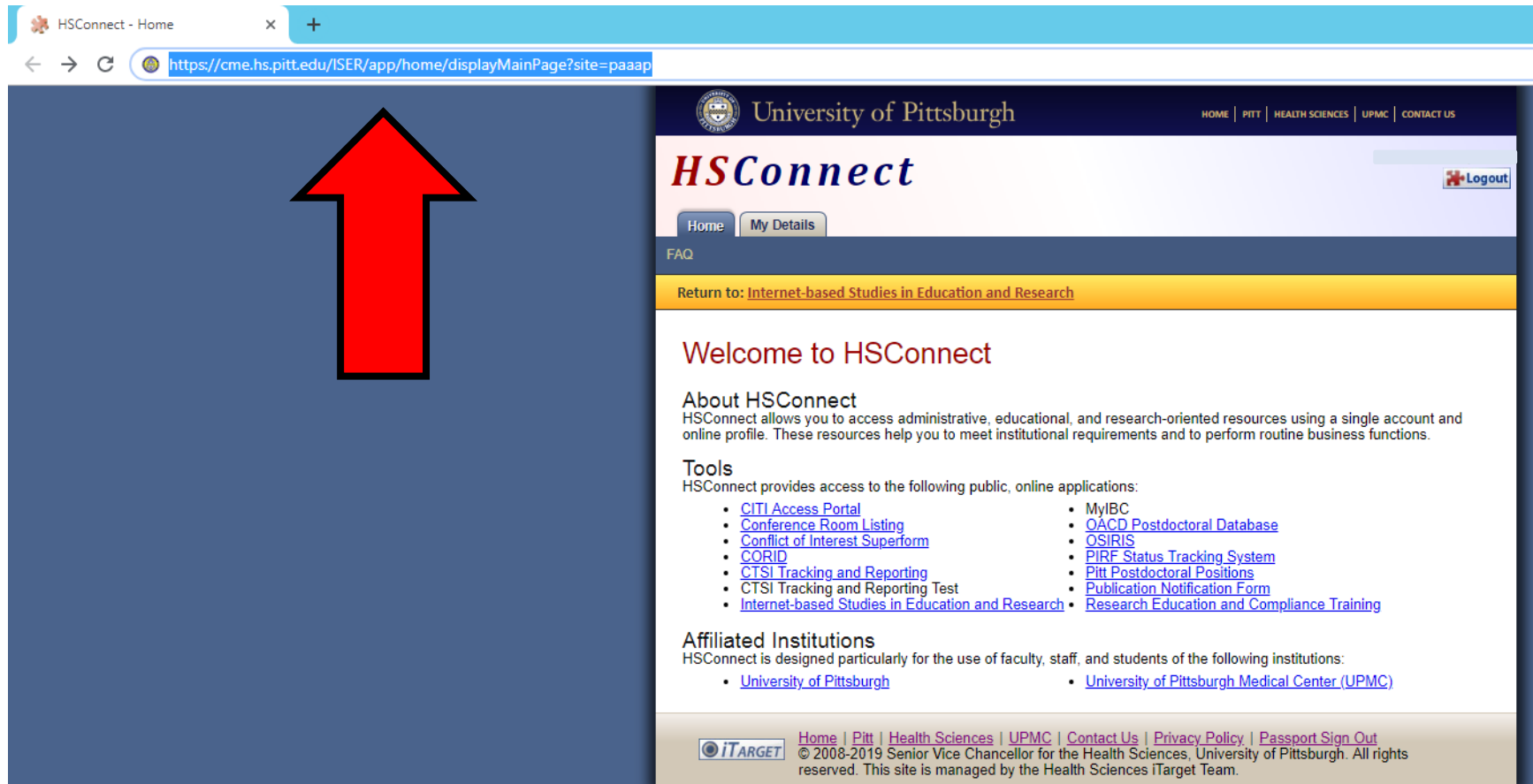
**Affiliated Institutions**  
HSConnect is designed particularly for the use of faculty, staff, and students of the following institutions:

- [University of Pittsburgh](#)
- [University of Pittsburgh Medical Center \(UPMC\)](#)

Home | Pitt | Health Sciences | UPMC | Contact Us | Privacy Policy | Passport Sign Out  
© 2008-2019 Senior Vice Chancellor for the Health Sciences, University of Pittsburgh. All rights reserved. This site is managed by the Health Sciences iTarget Team.

5.) If creating login for the first time, please paste this link when you are redirected to the homepage:

<https://cme.hs.pitt.edu/ISER/app/home/displayMainPage?site=paaap>



The screenshot shows a web browser window with the URL <https://cme.hs.pitt.edu/ISER/app/home/displayMainPage?site=paaap> in the address bar. A large red arrow points to this URL. The page content includes the University of Pittsburgh logo, the HSCConnect title, navigation links (Home, My Details), a Logout button, and a yellow banner for 'Return to: Internet-based Studies in Education and Research'. The main content area features a 'Welcome to HSCConnect' message, an 'About HSCConnect' section, a 'Tools' section with a list of links, and an 'Affiliated Institutions' section. The footer contains the iTARGET logo and copyright information.

University of Pittsburgh

HOME | PITT | HEALTH SCIENCES | UPMC | CONTACT US

# HSCConnect

Logout

Home My Details

FAQ

Return to: [Internet-based Studies in Education and Research](#)

## Welcome to HSCConnect

### About HSCConnect

HSCConnect allows you to access administrative, educational, and research-oriented resources using a single account and online profile. These resources help you to meet institutional requirements and to perform routine business functions.

### Tools


HSCConnect provides access to the following public, online applications:

- [CITI Access Portal](#)
- [Conference Room Listing](#)
- [Conflict of Interest Superform](#)
- [CORID](#)
- [CTSI Tracking and Reporting](#)
- [CTSI Tracking and Reporting Test](#)
- [Internet-based Studies in Education and Research](#)
- [MyIBC](#)
- [OACD Postdoctoral Database](#)
- [OSIRIS](#)
- [PIRF Status Tracking System](#)
- [Pitt Postdoctoral Positions](#)
- [Publication Notification Form](#)
- [Research Education and Compliance Training](#)

### Affiliated Institutions

HSCConnect is designed particularly for the use of faculty, staff, and students of the following institutions:

- [University of Pittsburgh](#)
- [University of Pittsburgh Medical Center \(UPMC\)](#)

 [Home](#) | [Pitt](#) | [Health Sciences](#) | [UPMC](#) | [Contact Us](#) | [Privacy Policy](#) | [Passport Sign Out](#)  
© 2008-2019 Senior Vice Chancellor for the Health Sciences, University of Pittsburgh. All rights reserved. This site is managed by the Health Sciences iTarget Team.


6.) Click on Keystone 10 Module 1 to begin the 15-hour training.



**News & Announcements**

- Important!!  
UPMC has merged their CITI Training Course subscription with the University of Pittsburgh's CITI subscription effective June 8, 2017. This merger will eliminate the need for investigators and research team members to have accounts with both institutions. All UPMC and Pitt users will now access the CITI portal through the Pitt site at [www.citi.pitt.edu](http://www.citi.pitt.edu).  
The training information on the Research Conduct & Compliance Office website ([www.rcco.pitt.edu](http://www.rcco.pitt.edu)) provides detailed information on training courses and requirements. A concerted effort was made to consolidate as much training as possible within the CITI program. If you have any questions, email us at [rcco@pitt.edu](mailto:rcco@pitt.edu).
- For more information on requirements regarding the various HIPAA training modules, please check the "[What is Required - HIPAA Modules](#)"
- Please [notify us](#) if you want to use any of these modules for education purposes; we will be happy to provide you with additional information.


**Modules Listings**

 PA Chapter American Academy of Pediatrics

- [Keystone 10 Module 1: Global Strategy for Infant and Young Child Feeding](#)
- [Keystone 10 Module 2: Communication Skills](#)
- [Keystone 10 Module 3: How Milk Gets From Breast to Baby](#)
- [Keystone 10 Module 4: Promoting Breastfeeding During Pregnancy](#)
- [Keystone 10 Module 5: Birth practices & breastfeeding](#)
- [Keystone 10 Module 6: Helping with Breastfeeding](#)
- [Keystone 10 Module 7: Practices that Assist Breastfeeding](#)
- [Keystone 10 Module 8: Milk Supply](#)
- [Keystone 10 Module 9: Supporting the non-breastfeeding mother and baby](#)
- [Keystone 10 Module 10: Infants and Mothers with Special Needs](#)
- [Keystone 10 Module 11: Breast and Nipple Concerns](#)
- [Keystone 10 Module 12: If the Baby Cannot Feed at the Breast](#)
- [Keystone 10 Module 13: On-Going Support for Mothers](#)
- [Keystone 10 Module 14: Protecting Breastfeeding](#)
- [Keystone 10 Module 15: Making Your Hospital Keystone 10 or Baby-Friendly](#)
- [EPIC® : Breastfeeding Education, Support and Training \(BEST\)](#)



## 7.) Click 'Next Step' to begin Module 1.

Completed Modules	Uncompleted Modules
<b>Step by Step</b> Keystone 10 Module 1: Global Strategy for Infant and Young Child Feeding <input checked="" type="checkbox"/> INTRODUCTION <input type="checkbox"/> Module 1: Global Strategy for Infant and Young Child Feeding <input type="checkbox"/> QUIZ <input type="checkbox"/> EVALUATION <input type="checkbox"/> CERTIFICATE	<b>INTRODUCTION</b> <p style="text-align: right;"><b>Credit Hours: CME 1.00</b></p> <p><b>Target Audience:</b> Physicians, nurses, and other health care professionals who provide prenatal care, inpatient maternity care, and postpartum care.</p> <p><b>Educational Objectives:</b> At the completion of this module participants will be able to:</p> <ul style="list-style-type: none"><li>• Discuss the rationale for policies that promote, protect, and support breastfeeding internationally and in the United States.</li><li>• Explain US national public health goals for breastfeeding.</li><li>• Describe the 10 steps to successful breastfeeding.</li><li>• Recognize the benefits to mothers, babies, and hospitals resulting from the Keystone 10 Initiative.</li></ul> <p><b>Suggested Additional Reading &amp; Joint Accreditation Statement:</b> These instructional modules were developed in collaboration between the Pennsylvania Keystone 10 Quality improvement Project and Johns Hopkins School of Nursing. They are intended to provide education which prepares hospital maternity staff to create an environment that is aligned to advance to 10 steps to successful breastfeeding and to meet the Keystone 10.</p> <p>Running times for each of the 15 training modules vary, however total time for each module is 60 minutes in length. With completion of pre- and post-tests, this training meets the 15 hour didactic requirement of Keystone 10. Staff will still need to complete their competencies at their own site. Hospital staff can either complete the modules online here or can work with their hospital administrators to offer them for continuing education credits. In addition Keystone 10 offers face to face trainings and also trains trainers. For more information please email Dottie Schell at <a href="mailto:dschell@paaap.org">dschell@paaap.org</a>.</p> <p><u>Suggested Additional Reading</u> Lawrence, R.A. &amp; Lawrence, R.M. (2016) Breastfeeding: A Guide for the Medical Profession (8th ed.) Philadelphia, PA. Elsevier</p> <p>A Department of Health data: <a href="https://www.health.pa.gov/topics/programs/Breastfeeding/Pages/Data.aspx">https://www.health.pa.gov/topics/programs/Breastfeeding/Pages/Data.aspx</a></p> <p><b>Joint Sponsor Statement - Note: This Accreditation Statement Supersedes All Other Statements:</b></p> <p>This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Pittsburgh School of Medicine and Pennsylvania Chapter American Academy of Pediatrics. The University of Pittsburgh School of Medicine is accredited by the ACCME to provide continuing medical education for physicians. The University of Pittsburgh School of Medicine designates this enduring material activity for a maximum of 1.0 AMA PRA Category 1 Credits<sup>™</sup>. Each physician should only claim credit commensurate with the extent of their participation in the activity.</p> <p>Other health care professionals are awarded .10 continuing education units (CEUs), which are equal to 1.0 contact hours. Faculty for this activity have been requested to identify significant financial or other relationships with manufacturer(s) of any commercial product(s) or with provider(s) of any commercial service(s) which might affect the balance of their presentation.</p> <p><b>Authors:</b> <b>Beverly Ann Curtis, DNP, PPCNP-BC, IBCLC, Pediatric Nurse Practitioner</b> — Facilitator and Consultant for the Pennsylvania AAP and PA DOH Keystone 10 Initiative. Pediatric Nurse Practitioner at Keystone Pediatrics, Chambersburg Pennsylvania. Director, Outpatient Keystone Breastfeeding Center. <i>No relationships with industry relevant to the content of this educational activity have been disclosed.</i></p> <p>Authors disclosure of relevant financial relationships with any entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients is listed above. No other planners, members of the planning committee, content reviewers and/or anyone else in a position to control the content of this education activity have relevant financial relationships to disclose.</p> <p><b>Release Date:</b> Apr 21, 2019   <b>Last Modified On:</b> Apr 30, 2019   <b>Expires On:</b> Apr 21, 2022</p> <p>The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.</p> <p>The University of Pittsburgh School of Medicine designates this enduring material for a maximum of 1.0 AMA PRA Category 1 Credits<sup>™</sup>. Each physician should only claim credit commensurate with the extent of their participation in the activity.</p> <p>Other health care professionals are awarded (0.1) continuing education units (CEU) which are equivalent to 1.0 contact hours.</p> <p><i>The University of Pittsburgh is an affirmative action, equal opportunity institution.</i></p> <p style="text-align: right;"> <input type="button" value="Next Step"/></p>

8.) Once you have watched the video for Module 1, click 'Next Step.'

← → × <https://cme.hs.pitt.edu/ISER/app/learner/switchPage?stepId=28578>

 University of Pittsburgh

 **Internet-based Studies in Education and Research**  
University of Pittsburgh Health Sciences eLearning Environment

Home **My Account**

Completed Modules Uncompleted Modules

**Step by Step**

Keystone 10 Module 1: Global Strategy for Infant and Young Child Feeding

- INTRODUCTION
- Module 1: Global Strategy for Infant and Young Child Feeding**
- QUIZ
- EVALUATION
- CERTIFICATE

**Module 1: Global Strategy for Infant and Young Child Feeding : Read 1 of 1**


Module 1: Global Strategy for Infant and Young Child Feeding **This Resource Has Been Accessed**

— [Module 1: Global Strategy for Infant and Young Child Feeding](#)

The use of these resources may be subject to the copyright laws of the Copyright owners. Please refer to their copyright notice for information.

 [Next Step](#)

9.) Once you have passed the post-test, click 'Next Step.'

 **Internet-based Studies in Education and Research**  
University of Pittsburgh Health Sciences eLearning Environment

Home **My Account**

Completed Modules Uncompleted Modules

**Step by Step**

Keystone 10 Module 1: Global Strategy for Infant and Young Child Feeding

- INTRODUCTION
- Module 1: Global Strategy for Infant and Young Child Feeding
- QUIZ**
- EVALUATION
- CERTIFICATE

**QUIZ**

**You Passed: 100.0% (80% Required) Required Pass Percentage 80%**


Question 1: **Correct**

Question 2: **Correct**

Question 3: **Correct**

Question 4: **Correct**

Question 5: **Correct**

[Next Step](#) 

10.)Once you have completed the evaluation for Module 1, please click 'SUBMIT.' You must click submit to retrieve your certificate of completion.

**Step by Step**

Keystone 10 Module 1:  
Global Strategy for Infant  
and Young Child Feeding

- INTRODUCTION
- Module 1: Global Strategy  
for Infant and Young Child  
Feeding
- QUIZ
- EVALUATION**
- CERTIFICATE

**EVALUATION**

### Survey Questions

Question 1:  
[Redacted]

Question 2:  
[Redacted]

Question 3:  
[Redacted]

Question 4:  
[Redacted]

Question 5:  
[Redacted]

Question 6:  
[Redacted]

Question 7:  
[Redacted]

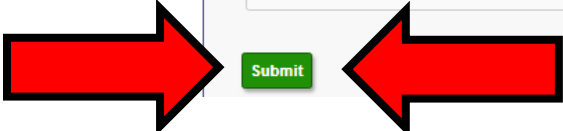
Question 8:  
[Redacted]

Question 9:  
[Redacted]

### Reflective Questions

Question 1:  
[Redacted]

Question 2:  
[Redacted]





11.) You will now receive your certificate of attendance for Module 1. Re-paste the module link in the search bar to access Modules 2-15:

<https://cme.hs.pitt.edu/ISER/app/home/displayMainPage?site=paaap>

The screenshot shows a web browser window with the URL <https://cme.hs.pitt.edu/ISER/app/home/displayMainPage?site=paaap>. The page header includes the University of Pittsburgh logo and the text "Internet-based Studies Education and Research". A red arrow points to the search bar area. The main content area is titled "CERTIFICATE" and features a "Print Certificate" button. The certificate itself is from the University of Pittsburgh, Center for Continuing Education in the Health Sciences, and acknowledges participation in the "Keystone 10 Module 1: Global Strategy for Infant and Young Child Feeding" activity, completed on May 28, 2019. It also includes instructions for accessing a credit transcript and a note about SSN requirements.

**Step by Step**

- Retake Module
- Keystone 10 Module 1: Global Strategy for Infant and Young Child Feeding
- INTRODUCTION
- Module 1: Global Strategy for Infant and Young Child Feeding
- QUIZ
- EVALUATION
- CERTIFICATE

**CERTIFICATE**

Print Certificate

University of Pittsburgh

Center for Continuing Education in the Health Sciences

This is to acknowledge that

Participated in the Continuing Medical Education activity

**Keystone 10 Module 1: Global Strategy for Infant and Young Child Feeding**

Date of Completion: May 28, 2019

For your credit transcript, please access our website 1 day post-completion at: <https://ccehs.upmc.com> and follow the link to the Credit Transcript page.

**\*\*NOTE\*\*** If you did not provide the last five digits of your SSN you will not be able to access a CME credit transcript.

The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Pittsburgh School of Medicine designates this enduring material for a maximum of 1.0 *AMA PRA Category 1 Credits*<sup>™</sup>. Each physician should only claim credit commensurate with the extent of their participation in the activity.

Other health care professionals are awarded (0.1) continuing education units (CEU) which are equivalent to 1.0 contact hours.

CertificateID:  
CourseID:

**12.)Select Keystone 10 Module 2 to begin the next module.**



**News & Announcements**

- Important!!  
UPMC has merged their CITI Training Course subscription with the University of Pittsburgh's CITI subscription effective June 8, 2017. This merger will eliminate the need for investigators and research team members to have accounts with both institutions. All UPMC and Pitt users will now access the CITI portal through the Pitt site at [www.citi.pitt.edu](http://www.citi.pitt.edu).  
The training information on the Research Conduct & Compliance Office website ([www.rcco.pitt.edu](http://www.rcco.pitt.edu)) provides detailed information on training courses and requirements. A concerted effort was made to consolidate as much training as possible within the CITI program. If you have any questions, email us at [rcco@pitt.edu](mailto:rcco@pitt.edu).
- For more information on requirements regarding the various HIPAA training modules, please check the "[What is Required - HIPAA Modules](#)".
- Please [notify us](#) if you want to use any of these modules for education purposes; we will be happy to provide you with additional information.

**Modules Listings**

- PA Chapter American Academy of Pediatrics
  - ✓ [Keystone 10 Module 1: Global Strategy for Infant and Young Child Feeding](#)
  - [Keystone 10 Module 2: Communication Skills](#)
  - [Keystone 10 Module 3: How Milk Gets From Breast to Baby](#)
  - [Keystone 10 Module 4: Promoting Breastfeeding During Pregnancy](#)
  - [Keystone 10 Module 5: Birth practices & breastfeeding](#)
  - [Keystone 10 Module 6: Helping with Breastfeeding](#)
  - [Keystone 10 Module 7: Practices that Assist Breastfeeding](#)
  - [Keystone 10 Module 8: Milk Supply](#)
  - [Keystone 10 Module 9: Supporting the non-breastfeeding mother and baby](#)
  - [Keystone 10 Module 10: Infants and Mothers with Special Needs](#)
  - [Keystone 10 Module 11: Breast and Nipple Concerns](#)
  - [Keystone 10 Module 12: If the Baby Cannot Feed at the Breast](#)
  - [Keystone 10 Module 13: On-Going Support for Mothers](#)
  - [Keystone 10 Module 14: Protecting Breastfeeding](#)
  - [Keystone 10 Module 15: Making Your Hospital Keystone 10 or Baby-Friendly](#)
- EPIC® : [Breastfeeding Education, Support and Training \(BEST\)](#)



# Troubleshooting

*Please contact:*

1.) Devon Gilinger at [dgilinger@paaap.org](mailto:dgilinger@paaap.org)

If not resolved, please contact:

2.) **Help Desk webform-** <https://support.hs.pitt.edu/common/Logon2Page.aspx?pdID=104>

3.) **ITarget Help Desk** at 412-648-2222.