

Additional Resources for Parents



La Leche League

<https://llusa.org/bfinfo/>

All your questions on breastfeeding answered by a reputable source.



Kelly Mom Breastfeeding Information

<https://kellymom.com/category/bf>

Answers to specific and the most common breastfeeding questions



WIC Breastfeeding Resources

<https://wicbreastfeeding.fns.usda.gov/>

Includes common breastfeeding questions answered, misconceptions addressed, benefits and more.



Philadelphia Department of Public Health

<https://www.phillylovesfamilies.com/breastfeeding-and-chestfeeding>

Valuable information on latch and positioning for breastfeeding parents.



Pennsylvania Department of Health Resource Guide

<https://www.health.pa.gov/topics/programs/Breastfeeding/Pages/Breastfeeding.aspx>

The resource guide contains information on support in your area.

