

# Apps and Video Platforms for Parents



## Coeffective-

<https://coeffective.com/learn-home/>

An app with step-by-step resources on how to get ready for your baby, positioning, and other essentials.

## Mommy Meds for Moms

<https://www.infantrisk.com/infantrisk-center-resources>

An app to scan your prescriptions to ensure safe feeding for your baby, safety practices and more.

## Global Health Media- Breastfeeding Series

<https://globalhealthmedia.org/topic/breastfeeding/>

Educational videos in over 46 languages available, showing how to improve positioning, latch and more.

## Office of Women's Health Videos

<https://www.womenshealth.gov/patient-materials/resource/videos>

Short videos answering FAQ on breastfeeding including addressing low milk supply, pumping etc.

