

Resources for Parents Returning to Work

Pregnant Workers Fairness Act

<https://www.abetterbalance.org/resources/pregnant-workers-fairness-act-explainer/>

Explains how the new law, the Pregnant Workers Fairness Act, affects you.



PUMP Act Explained

<https://worklifelaw.org/wp-content/uploads/2023/01/PUMP-Act-Explainer.pdf>

This accessible document breaks down the PUMP act for parents returning to work.

